

AAHP AND ITS PARTNER ORGANIZATIONS PRESENT

2nd Annual AAHP Community Day: One Healthy Life Leads to Another

Join Us

SATURDAY
APRIL 18TH



**SILVER SPRING
CIVIC CENTER**

**1 Veterans Place
Silver Spring, MD 20910**

**Men's Health & Wellness 5K Walk: 7AM
(Rain or shine)**

Health Fair: 9AM-1:45PM

**TOWN HALL - THE STATE OF BLACK
HEALTH IN THE COUNTY: 9:30AM**



**BROADCASTING LIVE: MAJIC 102.3's
MICHEL WRIGHT**

Speakers

MC
MICHELINE BOWMAN
News Coordinator
WTTG Fox 5 News



GREETINGS
CAPT. ELIJAH MARTIN, JR
U.S. Office of
Minority Health



- **TINA SMITH NELSON**
*AARP, Legal Counsel
for the Elderly*
- **DR. LANGSTON D. SMITH**
*Howard University College
of Dentistry*
- **DR. CARYL MUSSENDEN**
Your Body by Design, LLC
- **DR. RODNEY ELLIS**
*Rosebud Physicians
Weight Loss Program*
- **LAURIE-ANNE SAYLES**
National Institutes of Health
- **SARAH HILLWARE
ANNA OGUHEBE**
Girls Health Education
- **DR. PAULA MURRAY-APPIAH**
Northwest Hospital
- **DR. AKUA ASARE
TERESA KING**
*AAHP Behavioral Health
Collaborative*

ACTIVITIES/OFFERINGS

- ⊗ Interactive Health Fair and Information Booths
- ⊗ On-site Health Screening (blood pressure, BMI, HIV testing, hearing, prostate, dental, vision)
- ⊗ Live Cooking Demonstrations
- ⊗ Energizing Group Fitness Activities

**A FREE EVENT
REGISTER TODAY!**



<https://aahpday2015.eventbrite.com>

Sponsors: Montgomery County (MD) Alumnae Chapter of Delta Sigma Theta Sorority, Inc.; Montgomery County Chapter of Alpha Phi Alpha Fraternity, Inc.; Kaiser Permanente African American Professional Association; Zeta Chi Sigma Alumni Chapter of Phi Beta Sigma Fraternity, Inc; and Eta Iota Sigma Chapter, Sigma Gamma Rho Sorority, Inc.

Strategic Partners: Montgomery County, MD Unit, NAACP; African American Advisory Group; African Advisory Group; Caribbean Advisory Group; National Council of Negro Women, Inc., Montgomery and Potomac Valley Sections; SCLC, Montgomery County, MD; NPHC of Montgomery County; and Black Ministers Conference of Montgomery County, MD.



14015 New Hampshire Ave., Silver Spring, MD 20904

For more info: 240.777.1833 | www.onehealthylife.org

The African American Health Program is funded by the Montgomery County Department of Health and Human Services and administered by BETAH Associates, Inc. This material may be reproduced.

